

Ignite, Advance, Achieve



"Having a Good Day is a personal choice. One of the only things that we can actually control, to a degree, is our reactions. So choose to have a Great Day!"

-Coral Lafleur

"Did you know...that where ever you go...there you are."

-Buckaroo Bonzai

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A Note from our President

As can be said with all leaders whose term is coming to a close, I find myself looking back at the past year and reflecting on our theme and some of our original goals. *"Ignite, Advance, Achieve"* has been our motto for the year, and I'm proud to say that as a group we have challenged ourselves to reach to new levels, and we have succeeded. The executive set ambitious goals for the year that we are on the cusp of

achieving. Specifically, we had a member compete at the District level; we had a great election; we will achieve our President's Distinguished Club Award; and we have a thriving membership full of people who are excited to achieve their own goals. Without the enthusiasm and great work of our membership, we wouldn't be here today. I am excited about the future, and I look forward to passing the mantle of leadership



to our new executive, who will continue to build great things from a solid foundation.

Adam McInnis
President

As of July 1/08 – The next club year... we are officially part of District 86!

Update –

You may have heard that with the re-formation of **District 60 West into District 86** that in the initial draft it was proposed that Mansion join the other clubs in the Burlington area. With our loud input/feedback, the second draft which was subsequently voted on at our District Meeting recently approved **keeping Mansion in our existing area (current Area 7 which will next year be Area 53).**

This has now been formally approved at the Spring Conference District Meeting. However, please be advised that the District Governor can again form a new realignment committee in 2008-09 and this issue can re-occur again next year.

Always lots of interesting things happening at Toastmasters

Looking Ahead

Start thinking of the 2008 District 86 Fall Conference coming up in Waterloo, Ontario. This will be our first conference as part of the new District 86. Looks to be another smashingly great event – hope to see you there.



Meeting Details

Every Wednesday (Sept-June)
Starting Wed. Sept 12, 2007
7:30 – 9:30 p.m.
Paletta Mansion, downstairs

Contact Us

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Mansion 2007/08 Executive

- President – Adam McInnis
- Past President - Mike Wain
- VP Membership – Rose Marie McCarron
- VP Public Relations – Coral Lafleur
- VP Education – Heather Colquhoun
- Secretary – Dale Skeverckas
- Treasurer – Jack Lafleur
- Sergeant-at-Arms - Diane Castillo
- Co-Secretary - Judy Woods
- Co- Sergeant-at-Arms - Blanca Mejia!

Mansion 2008/09 Executive

- President – Janice Pfaff
- Past President - Adam McInnis
- VP Membership – Melissa Kiddie
- VP Public Relations – Lee Zhang
- VP Education – Jim Matthews
- Secretary – Dale Skeverckas
- Treasurer – Jack Lafleur
- Sergeant-at-Arms - Macy Qiu
- Co-Secretary - Shelley Orchin
- Co- Sergeant-at-Arms - Rose Marie McCarron

Did You Know?

We've had a number of new members join us this season!

Welcome to:

- Lee Zhang
- Jim Matthews
- Kelly Hopkins
- Natalie Kupiec

Glad to have you aboard!

Mansion Elections

We ASKED!

And You answered!

We asked for folks to consider running for our Mansion Toastmasters Executive...and boy oh boy did you ever hear the call.

Club elections for the 2008/09 club year were held on Wednesday, April 30th.

We had a great turn out and it was very exciting to listen to some amazing campaign speeches and actually have to cast votes.

It sure has said a ton about the great caliber of members at Mansion and the dedication of the volunteers that are required to run such an amazing club.

Thanks so much to everyone who participated to make this a fun and successful part of our evening.

It seems perfect that National Volunteer Week runs this year from April 27 – May 3rd, as all of our Executives are in fact volunteers – Bravo!

Coral Lafleur
VP – Public Relations

Love At First Sight?

Love at first sight. Do you believe it? I do. What is your dress code and personal style saying to others about you? Are you dressing for success? As an aspiring leader in toastmasters, you should be interested and concerned about how you look and your appearance.

If you have been to see a professional speaker – good or bad – you may have noticed that not taking appearance into account can impact on how seriously the audience will receive the message. As an evaluator, noting the speaker's visual appearance can be a component of the evaluation. Did the speaker dress 'a notch above' their usual, perhaps wearing a suit? If so, the speaker has selected their attire to match the goals of their role as a professional in

front of an audience. As an evaluator please take notice and mention if it contributed to their delivery.

When I dress down... some-times I don't want to leave the house, I look so awful... bad hair day, no makeup, wearing my sweats. Maybe I was cleaning the house. You should wear appropriate clothes for the job. No doubt about it I am not wearing a suit to clean our toilet. However if I am out making a presentation to a school, or service club, I dress the part and so we at Toastmasters should. WE should care how we look and how we are viewed by the non toastmaster population. We are aspiring leaders, we are leaders, and we are Competent Communicators and Distinguished Presidents!

I know myself when I take

a look at my children when we are out and they have on a dirty shirt or torn pants or maybe their running shoes are falling apart – I am embarrassed. Wouldn't you be? Then I start to reflect that people will see me as a bad mother, poor, needy. Definitely an over sight on my part. Then I start in on the kids, "why didn't you tell me you needed new shoes?"

Dress code and personal style isn't just about clothes and shoes. What is your hair doing? How about your nails? .

Professionalism is everything from personal hygiene to dress code, manners and etiquette to a firm handshake. Cheers to a great first impression and love at first sight - I believe!

By Rose Marie McCarron
VP Membership, Mansion
Toastmasters.

Mary Heary Funtest

WEDNESDAY MAY 14TH
MANSION'S 75TH ANNUAL TALL TALES CONTEST

CONTEST(?)

At the Mansion starting at 7:30

Speeches are to be 3-5 minutes

Note—if you are scheduled for a role (other than Chair or Chief judge) and want to compete, please find a replacement and let Heather and Adam (Chair) know. If you have difficulty finding a replacement, contact Heather.

QUALIFICATIONS:

For this night only—the usual \$ 100.00 contestant fee has been waived.

No need to have completed six speeches. This can be your "Icebreaker". Think of the possibilities!

You must be a member in good standing—we don't care if you can balance on one or even two feet so long as your dues are paid.

Your speech must be substantially original. You can lie all you want but they must be your lies, not someone else's. Humour is permitted.

PRIZES:

Two talented Mansion members will win an all expenses paid* trip to the final Area 7 Mary Heary Contest at the fabulous Oakville library(home of Trafalgar Toastmasters) on Monday May 26th in beautiful downtown Oakville.

- Actually only some—well-really none ---of your expenses will be paid. You may save on gas if someone offers to give you a ride and, if you win, our President will (may) buy you a beer. The prestige is priceless—for everything else, there's MasterCard

You can join an elite group of past winners—Adam M., Brian Mulroney, Doreen M., Karl Heitz Schriber, Ken B., Stevie Harper, just to name a few.

Year End Gala

Saturday, June 14th at Springer House in Burlington. The theme is: 50's vs. 70's - Happy Days are Here again, and you must dress up in style from YOUR favorite era! Tickets are \$40.

We are hosting a **LIVE auction during the Table Topics portion of Wednesday, May 28th's** meeting as a fundraiser for our gala!!! If you were a member last year, you will remember that Adam baked a cheesecake that went for \$60!! WHO KNEW HE COULD COOK!?!? Each member is encouraged to contribute ONE item for the auction, even if you will not be in attendance on the 28th...Don't forget to participate in the 50/50 draws and Lucky envelope draws during May as well. Not only can you win cool prizes & cash, but you're helping offset Gala costs.

Jen Coyne

Chilis Rellenos (Stuffed Peppers Mexican Style)

Ingredients

10 Poblano (same name in English) Peppers
Plastic Bag
1/2 c White Vinegar
A bowl of Water & Salt
500 gr. Monterrey Jack cheese or Gouda cheese
3/4 c Flour (to coat peppers)
5 - 6 large Eggs, separated
6 big Tomatoes
1 medium Onion
1-3 Garlic cloves
1 Tbsp. Knorr Consommé
Salt & Pepper to taste
Oil to fry

Preparation

Fry or otherwise burn the skin of peppers on both sides. Place them in plastic bag 'till you can peel the skin off the peppers. Place peppers in cold water with vinegar & salt, let sit for 1/2 hour. **Wash** and de-vein, removing seeds. Dry peppers and stuff with cheese cut in fat, rectangular strips. Coat the peppers with flour, set aside.

In blender, mix tomatoes, onion & garlic and some water to liquefy. In a big pot add oil and stir fry tomato mix, adding seasoning: Knorr, salt & pepper 'til heated thru, set aside.

With mixer beat egg whites 'til stiff. Add egg yolks one at a time.

In separate frying pan heat oil and fry each pepper by first placing the pepper thru the egg mixture to entirely coat, fry **quickly** on both sides. Then place peppers in tomato sauce (in big pot). Heat thru and Enjoy. Best served with rice.

BUEN PROVECHO - Good Appetite - Diane

